



BHPOC: CHILD & ADOLESCENT
QUALITY, ACCESS & POLICY
COMMITTEE MEETING

SEPTEMBER 20, 2023

AN INTRODUCTION TO SCREENING CONNECTICUT'S YOUTH (SCY)

AN OUTREACH AND MENTAL HEALTH SCREENING SERVICE
THAT IMPROVES ACCESS TO CARE



THE CONNECTICUT COUNCIL OF FAMILY SERVICE AGENCIES (CCFSA)

- Statewide network of non-profit agencies, in business in CT more than 30 years
- Dedicated to strengthening CT's families
- 13 member agencies serving more than 150,000 individuals each year
 - Community-based
 - Licensed by the state of CT
 - 2,600 employees statewide
 - Provide behavioral health, family support, health, education and youth development services

CCFSA MEMBER AGENCIES



* An affiliate of OakHill



WHAT IS SCREENING CONNECTICUT'S YOUTH (SCY)?

- Federally funded by the Department of Health and Human Services, Administration for Children and Families; and Connecticut Health and Educational Facilities Authority (CHEFA)
- Free statewide program to provide outreach and screening to at-risk youth
- Services provided by SCY Community Health Workers (CHW):
 - **Screening:** Pediatric Symptom Checklist and Child Trauma Screen to assess child's risk level
 - **Connection to Behavioral Health Provider:** Connect family to behavioral health provider of parents' choice
 - **Barrier Removal and Support:** Work with parents and community resources to remove barriers to child's attendance at scheduled intake
- Strengthening the system of care

HOW DOES SCY WORK?



In partnership with youth-serving organizations, children are referred into the program if they are struggling with staying focused, arguing with siblings or peers, or have been through a traumatic event.



One of our Community Health Workers reaches out to the family by phone or email to arrange to do a free screening in person, over the phone, or on Zoom.



The screening consists of 2 different tools to evaluate behavior, moods, and possible trauma. The screening is based on parent responses and takes about 20 minutes.



Once a screening is done, the Community Health Worker determines if there are any obstacles to receiving behavioral health treatments, such as lack of insurance or transportation, and helps the family manage those obstacles.



The child is referred to a behavioral health clinician of the family's choosing and we hold your hand the whole time, ensuring you are able to get to the appointment and begin treatment.



After the first appointment, the Community Health Worker follows-up with the family by phone to make sure they were able to begin services. Early prevention is key to successful outcomes when dealing with mental health challenges.

SCY PROGRAM IMPACT

OUTREACH AND EDUCATION

*COMMUNITIES WE'RE TOUCHING/PARTNERSHIPS WE'RE BUILDING

Youth-serving Organizations	County
Brooklyn Elementary School	Windham
Bulkeley High School	Hartford
Carelon North Central Systems of Care	Hartford
Catholic Charities Archdiocese of Hartford – Groton Street Southside Equity Center	Hartford
Catholic Charities Archdiocese of Hartford – McDonough Middle School	Hartford
Catholic Charities Archdiocese of Hartford – Milner Middle School	Hartford
Catholic Charities Archdiocese of Hartford – Parkville School	Hartford
Catholic Charities of Fairfield County Room to Grow Preschool	Fairfield
Eastern Connecticut Health Collaborative	New London
Glastonbury YMCA	Hartford
Greater Bristol Farmington Valley Community Collaborative	Hartford
Greater Waterbury YMCA	New Haven
Institute for the Hispanic Family at CCAOH	Hartford
Killingly School District	Windham
Meriden/Wallingford Collaborative	New Haven
South Congregation/Saint Christopher Food Bank	Hartford
The Boys & Girls Club of New Britain	Hartford
The Boys & Girls Club of New London	New London
The Boys & Girls Club of Waterbury	New Haven
United Way of Southeastern Connecticut	New London
UniteUs CT	Statewide
Windham LIST Tri-Collaborative	Windham
YMCA of Greater Hartford Association Offices	Hartford

Row Labels ▼	Sum of # of brochures distributed	Sum of # of flyers distributed
Fairfield	33	25
Hartford	663	384
Litchfield	60	6
Middlesex	23	484
New Haven	145	195
New London	424	2
Statewide	101	
Tolland	5	11
Windham	20	23
(blank)	50	
Grand Total	1524	1130

- Since 1/1/23, the SCY team has reached out to 171 youth-serving organizations
- We've established partnerships with 23 organizations statewide to date that serve as ongoing referral sources
- We've distributed more than 2,600 pieces of educational materials statewide
- Social media campaign and community events

SCY PROGRAM IMPACT

REFERRED CHILDREN

RACE	SCY	
American Indian/Alaska Native	1	<1%
Asian	5	2%
Black/African American	48	19%
Native Hawaiian and Other Pacific Is	0	0
White	90	35%
Some Other Race	57	22%
Multiple Races	13	5%
Prefer not to answer	32	13%
No client contact	9	4%
No Value		
Total:	255	

ETHNICITY	SCY	
Hispanic or Latino	148	58%
Not Hispanic or Latino	87	34%
No client contact	6	2%
Prefer not to answer	14	5%
No Value		
Total:	255	

GENDER	SCY	
Female	224	88%
Male	24	<10%
Transgender - Female to Male	0	0
Transgender - Male to Female	0	0
Prefer not to answer	3	1%
No client contact	4	<2%
No Value		
Total:	255	

PRIMARY LANGUAGE	SCY	
English	156	61%
Spanish	91	36%
Other	7	2%
Not Available/Not Applicable	0	0
No client contact	1	<1%
Total:	255	

County	Count of Referrals
Fairfield	59
Hartford	81
Hillsborough	1
Litchfield	1
Middlesex	4
New Haven	34
New London	20
Windham	33
	22
	255

SCY PROGRAM IMPACT

SCREENED CHILDREN

	Count
# Parents/Guardians Referred to SCY	255
# Children Screened	152
# Families who had at least 1 child screened	99
% of Families Referred Who Were Screened	39.0%


Row Labels	Count of Name	% of Total
At Risk	71	47%
Normal Range (blank)	81	53%
Grand Total	152	100%

Row Labels	Count of Name	Had Barrier
At Risk	71	61%
Normal Range (blank)	81	28%
Grand Total	152	

At-Risk Children		
Age	Total	% Total
4	9	13%
5	5	7%
6	6	8%
7	8	11%
8	9	13%
9	7	9%
10	5	7%
11	4	6%
12	2	3%
13	5	7%
14	2	3%
15	1	1%
16	4	6%
17	4	6%
Total	71	100%

SCY PROGRAM IMPACT

OUTCOMES

			
1/1/23 - 9/18/23	Target	Average Days	Score
Count of Screenings	900		152
Outreach Contacted Attempted In 5 Bus Days	100%		94%
Families Contacted by the CHW Who Consent To Be Screened	75%		95%
Children At Risk Agreed to Attend Mental Health Services	75%		96%
Intake Appt Within 2 Weeks of Referral Call	95%	27.0833	78%
Consenting Families Had Barriers Assessed (dismissed only)	95%		100%
Barrier Needs Were Addressed (dismissed only)	90%		71%
Families Attended Intake Appointment (dismissed only)	90%		82%

The SCY program is a win-win for families and providers. The families receive services in a timely fashion and providers get a high degree of assurance that clients will show for their appointment.

SCY PROGRAM REFERRAL

- Go to <https://www.ctfsa.org/> Click on Screening Connecticut's Youth program.
- Complete intake form [Connect: Intake Form \(socialsolutionsportal.com\)](https://socialsolutionsportal.com) (This referral is for the parent/guardian's information is entered here)
- Call 1-800-505-9000



SCY PROGRAM CONTACTS

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